

BREAKFAST K-12 – HARMONY DALLAS

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> HOT french toast, maple turkey sausage & egg combo yogurt w/granola assorted cereal <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> HOT cinnamon toast bagel lemon muffin assorted cereal <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> HOT pancakes cinnamon crumble assorted cereal <p style="text-align: right;">3</p>	<p style="text-align: center;">SCHOOL LUNCH HERO DAY!</p> <ul style="list-style-type: none"> HOT omelet w/cheese blueberry burst bagel w/cream cheese assorted cereal <p style="text-align: right;">4</p>
<ul style="list-style-type: none"> cheerios w/ dipperdoodle bar assorted cereal <p style="text-align: right;">7</p>	<p style="text-align: center;">NATIONAL TEACHER DAY!</p> <ul style="list-style-type: none"> HOT pancakes cinnamon crumble assorted cereal <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> HOT egg, cheese & chicken sausage quesadilla yogurt w/granola assorted cereal <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> HOT mini cheese omelet w/french toast sticks bagel w/cream cheese assorted cereal <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> HOT cheesy bean breakfast burrito blueberry muffin assorted cereal <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> dipper doodle bar assorted cereal <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> breakfast enchilada scramble w/scoops blueberry muffin assorted cereal <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> HOT pepper jack cheese & omelet gordita yogurt w/granola assorted cereal <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> HOT french toast sticks cinnamon crumble assorted cereal <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> breakfast ranchero scramble w/scoops blueberry burst bagel w/cream cheese assorted cereal <p style="text-align: right;">18</p>
<ul style="list-style-type: none"> cheerios w/ dipperdoodle bar assorted cereal <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> HOT pancakes cinnamon crumble assorted cereal <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> HOT french toast, maple turkey sausage & egg combo yogurt w/granola assorted cereal <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> HOT egg & cheese breakfast muffin bagel w/cream cheese assorted cereal <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> HOT french toast sticks blueberry muffin assorted cereal <p style="text-align: right;">25</p>
MEMORIAL DAY	<ul style="list-style-type: none"> dipper doodle bar <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> HOT cinnamon toast bagel yogurt w/granola assorted cereal <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> HOT pancakes cinnamon crumble assorted cereal <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> HOT french toast sticks blueberry muffin assorted cereal <p style="text-align: right;">31</p>

What's New?

You'll love the new breakfast versions of our popular Fiesta Scoops! Try these hearty breakfast scrambles in either classic Enchilada or zesty Ranchero flavors.



Look for them on the menu on **DATE!**

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider

May

BREAKFAST K-12 COLD – HARMONY DALLAS

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> yogurt w/granola assorted cereal <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> HOT bagel lemon muffin assorted cereal <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> cinnamon crumble assorted cereal <p style="text-align: right;">3</p>	<p style="text-align: center;">SCHOOL LUNCH HERO DAY!</p> <ul style="list-style-type: none"> blueberry burst bagel w/cream cheese assorted cereal <p style="text-align: right;">4</p>
<ul style="list-style-type: none"> cheerios w/ dipperdoodle bar assorted cereal <p style="text-align: right;">7</p>	<p style="text-align: center;">NATIONAL TEACHER DAY!</p> <ul style="list-style-type: none"> cinnamon crumble assorted cereal <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> yogurt w/granola assorted cereal <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> bagel w/cream cheese assorted cereal <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> blueberry muffin assorted cereal <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> dipper doodle bar assorted cereal <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> blueberry muffin assorted cereal <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> yogurt w/granola assorted cereal <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> cinnamon crumble assorted cereal <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> blueberry burst bagel w/cream cheese assorted cereal <p style="text-align: right;">18</p>
<ul style="list-style-type: none"> cheerios w/ dipperdoodle bar assorted cereal <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> cinnamon crumble assorted cereal <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> yogurt w/granola assorted cereal <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> bagel w/cream cheese assorted cereal <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> blueberry muffin assorted cereal <p style="text-align: right;">25</p>
MEMORIAL DAY	<ul style="list-style-type: none"> dipper doodle bar <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> yogurt w/granola assorted cereal <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> cinnamon crumble assorted cereal <p style="text-align: right;">30</p>	<p style="text-align: right;">31</p>

What's New?

You'll love the new breakfast versions of our popular Fiesta Scoops! Try these hearty breakfast scrambles in either classic Enchilada or zesty Ranchero flavors.



Look for them on the menu on **DATE!**

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> classic chicken parm pasta revolution hot dog (DF) southwest veggie wrap green peas <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> cheese pizza (VG) chicken potstickers w/ not-so-fried rice chicken Caesar wrap chilled seasoned green beans w/ ranch <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> spaghetti & meatballs (DF) chicken taco trio egg salad sandwich (VG)(DF) broccoli <p style="text-align: right;">3</p>	<p style="text-align: center;">SCHOOL LUNCH HERO DAY!</p> <ul style="list-style-type: none"> Italian sausage calzoni (VG) general tso's chicken mighty meaty sandwich baby carrots seasoned black beans <p style="text-align: right;">4</p>
<ul style="list-style-type: none"> philly cheesesteak sandwich cheese enchiladas (VG) chicken Caesar salad broccoli <p style="text-align: right;">7</p>	<p style="text-align: center;">NATIONAL TEACHER DAY</p> <ul style="list-style-type: none"> bfast for lunch: pancakes w/ omelet (VG) firecracker chicken w/sesame noodles santa fe chile chicken & black bean wrap steamed corn <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> cheese pizza (VG) sloppy joe (DF) honey mustard chicken wrap seasoned green beans w/ ranch <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> hot meatball sub cheese lasagna (VG) chicken salad sandwich (DF) steamed carrots <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> popcorn chicken w/ bbq bean sauce bean & cheese quesadilla (VG) sesame chicken wrap (DF) pinto beans grape tomatoes <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> bfast for lunch: pancakes w/ sausage crispy chicken sandwich (DF) sunbutter & jelly (VG) steamed carrots <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> cheesy ravioli (VG) revolution hot dog (DF) honey mustard salad w/ chicken bites broccoli <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> oven roasted chicken sandwich cheesy pizza bites (VG) mighty meaty sandwich chili citrus corn <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> chicken bites pasta alfredo (VG) bbq chicken wrap seasoned green beans <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> buffalo chicken crunchadilla rainbow veggie pizza buffalo chicken wrap pinto beans baby carrots <p style="text-align: right;">18</p>
<ul style="list-style-type: none"> cheesy pizza bites (VG) philly cheesesteak sandwich turkey & cheddar sandwich steamed corn <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> kickin chicken melt sandwich revolution hot dog (DF) egg salad sandwich (VG)(DF) island glazed carrots <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> buffalo chicken sandwich cheese pizza (VG) honey mustard chicken wrap seasoned green beans w/ ranch <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> spaghetti & meatball (DF) crispy chicken sandwich (DF) southwest veggie wrap (VG) smoky black eyed peas baby carrots <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> scoops w/ chicken & green chile cheese dip Italian sausage calzoni (VG) honey mustard salad w/ chicken bites broccoli <p style="text-align: right;">25</p>
<p style="text-align: center;">MEMORIAL DAY</p>	<ul style="list-style-type: none"> popcorn chicken w/ bbq bean sauce revolution hot dog (DF) sunbutter & jelly sandwich (VG) green peas <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> cheese pizza (VG) chicken potstickers w/ not-so-fried rice chicken Caesar wrap seasoned green beans w/ ranch <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> crispy chicken sandwich (DF) chicken taco trio egg salad sandwich (VG)(DF) broccoli <p style="text-align: right;">31</p>	

Did you know?

This month, we're celebrating some of our favorite people - **school nutrition professionals** (May 4) and **teachers** (May 8)!



Don't forget to thank them and let them know how much you appreciate them – on this day, and year-round!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

This institution is an equal opportunity provider

May

revolution foods.

LUNCH K-12 PAPA JOHN'S – HARMONY DALLAS

Monday	Tuesday	Wednesday	Thursday	Friday
 <ul style="list-style-type: none"> • classic chicken parm pasta • revolution hot dog (DF) • southwest veggie wrap ○ green peas <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • classic chicken parm pasta • revolution hot dog (DF) • southwest veggie wrap ○ green peas <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • papa john's ○ chilled seasoned green beans w/ ranch <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • spaghetti & meatballs (DF) • chicken taco trio • egg salad sandwich (VG)(DF) ○ broccoli <p style="text-align: right;">4</p>	<p style="text-align: center;">SCHOOL LUNCH HERO DAY!</p> <ul style="list-style-type: none"> • Italian sausage calzoni (VG) • general tso's chicken • mighty meaty sandwich ○ baby carrots ○ seasoned black beans <p style="text-align: right;">4</p>
<ul style="list-style-type: none"> • Philly cheesesteak sandwich • cheese enchiladas (VG) • chicken Caesar salad ○ broccoli <p style="text-align: right;">7</p>	<p style="text-align: center;">NATIONAL TEACHER DAY</p> <ul style="list-style-type: none"> • bfast for lunch: pancakes w/ omelet (VG) • firecracker chicken w/sesame noodles • santa fe chile chicken & black bean wrap ○ steamed corn <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • papa john's ○ seasoned green beans w/ ranch <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • hot meatball sub • cheese lasagna (VG) • chicken salad sandwich (DF) ○ steamed carrots <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • popcorn chicken w/ bbq bean sauce • bean & cheese quesadilla (VG) • sesame chicken wrap (DF) ○ pinto beans ○ grape tomatoes <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> • bfast for lunch: pancakes w/ sausage • crispy chicken sandwich (DF) • sunbutter & jelly (VG) ○ steamed carrots <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • cheesy ravioli (VG) • revolution hot dog (DF) • honey mustard salad w/ chicken bites ○ broccoli <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • papa john's ○ chili citrus corn <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • chicken bites • pasta alfredo (VG) • bbq chicken wrap ○ seasoned green beans <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • buffalo chicken crunchadilla • rainbow veggie pizza • buffalo chicken wrap ○ pinto beans ○ baby carrots <p style="text-align: right;">18</p>
<ul style="list-style-type: none"> • cheesy pizza bites (VG) • Philly cheesesteak sandwich • turkey & cheddar sandwich ○ steamed corn <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • kickin chicken melt sandwich • revolution hot dog (DF) • egg salad sandwich (VG)(DF) ○ island glazed carrots <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • papa john's ○ seasoned green beans w/ ranch <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • spaghetti & meatball (DF) • crispy chicken sandwich (DF) • southwest veggie wrap (VG) ○ smoky black eyed peas ○ baby carrots <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • scoops w/ chicken & green chile cheese dip • Italian sausage calzoni (VG) • honey mustard salad w/ chicken bites ○ broccoli <p style="text-align: right;">25</p>
<p style="text-align: center;">MEMORIAL DAY</p> <ul style="list-style-type: none"> • popcorn chicken w/ bbq bean sauce • revolution hot dog (DF) • sunbutter & jelly sandwich (VG) ○ green peas <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • popcorn chicken w/ bbq bean sauce • revolution hot dog (DF) • sunbutter & jelly sandwich (VG) ○ green peas <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • papa john's ○ seasoned green beans w/ ranch <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> • crispy chicken sandwich (DF) • chicken taco trio • egg salad sandwich (VG)(DF) ○ broccoli <p style="text-align: right;">31</p>	

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○ Vegetable of the day

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